

**U. S. Naval Mobile Construction Battalion SEVEN**  
**Gulfport, Mississippi**

**FIFTH EDITION**



**WELCOME ABOARD**  
**UNITED STATES NAVAL**  
**MOBILE CONSTRUCTION BATTALION**  
**SEVEN**  
**Homeport: Gulfport, MS**

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## **WELCOME ABOARD!**

Welcome to U. S. Naval Mobile Construction Battalion (NMCB) SEVEN.

I am looking forward to you joining our dynamic team and hope that serving with the “Magnificent SEVEN” will be a highlight in your naval career. This booklet will help you get acquainted with NMCB SEVEN. Don’t hesitate to contact your sponsor should you have questions or need any assistance. Looking forward to your arrival!

Sincerely,

C. J. HONKOMP,  
CDR, CEC, USN  
NMCB SEVEN  
Commanding Officer

# U.S. NAVAL MOBILE CONSTRUCTION BATTALION SEVEN COMMAND HISTORY

The history of the Seabees goes back to the beginning of America's involvement in World War II when Rear Admiral Ben Moreell, then Chief of the Navy's Bureau of Yards and Docks, was authorized to organize Construction Battalions in support of the long march to Tokyo and Berlin. The name "Seabee" evolved from the pronunciation of the initials "CB" for Construction Battalion.

United States Naval Construction Battalion (NCB) SEVEN, one of the original ten battalions authorized, was commissioned on June 17, 1942 at the Naval Construction Training Center, Camp Allen, Norfolk, Virginia, under the command of Commander Julius L. Piland, Civil Engineer Corps, U.S. Naval Reserve.

During World War II, SEVEN saw deployments to Espiritu Santo, New Hebrides; Iroquois Point, Hawaii; Marianas Islands and Okinawa, Japan; during which the battalion constructed base camps, runways, hospitals and the island infrastructure support for the advancing U.S. Marine forces. SEVEN was decommissioned in October, 1945.

On August 22, 1951, NMCB SEVEN was commissioned for a second time at the U.S. Naval Yards and Docks Supply Depot in Davisville, Rhode Island, under the command of Lieutenant Commander Robert F. Smart, Civil Engineer Corps, U.S. Naval Reserve.

For the next 19 years, NMCB SEVEN served our country in Korea, the Caribbean, Atlantic and Pacific theaters. In October, 1957, NMCB SEVEN deployed to the West Indies, completing the largest construction project ever undertaken by a peacetime Atlantic Construction Battalion. This project, consisting of two complete Coast Guard LORAN Stations, stands today as but one testimony of the past accomplishments of the men of NMCB SEVEN.

In 1961 the battalion was ordered to Guantanamo Bay, Cuba to support the base's ground defense force. In addition to the defense mission, NMCB SEVEN, together with her sister battalion NMCB FOUR, constructed more than 20 miles of perimeter roads and other base facilities in record time. For its outstanding performance, NMCB SEVEN was selected "Best of Type" in the Atlantic Fleet and awarded the Battle Efficiency "E" for fiscal year 1963.

By 1967, NMCB SEVEN was again building and fighting, this time in the Republic of South Vietnam, until her decommissioning at the Construction Battalion Center, Davisville, Rhode Island, in August 1970.

U.S. Naval Mobile Construction Battalion SEVEN was commissioned for a third time on August 1, 1985 during a sunset ceremony on board the Naval Construction Battalion Center at Gulfport, Mississippi. The commissioning marked the first time in over 17 years that a new construction battalion had been brought on line.

Since 1985, NMCB SEVEN has deployed to Rota, Spain; Sigonella, Sicily; Camp Covington, Guam; Roosevelt Roads, Puerto Rico; and Okinawa, Japan, with detail sites throughout the world.

In 1986, two major projects undertaken by the Mainbody in Guam earned NMCB SEVEN a Coast Guard Meritorious Unit Commendation. A LORAN "C" station was completed on time for the Coast Guard to provide vital navigational aid to ships and aircraft in the Pacific area. Groundwork for a Fleet Hospital was started which included placement of more than 1,500 yards of concrete.

On September 18, 1989, Hurricane Hugo ripped through the Caribbean Islands causing millions of dollars of damage and generating thousands of hours of disaster recovery work for NMCB SEVEN.

Moments after Hugo swept through the area with winds clocked at 140 mph, NMCB SEVEN was on the move repairing, cleaning up, and providing essential services to the Roosevelt Roads area. In response to requests for support, generators and water trucks were taken to nearby cities and damage assessment teams were sent to the local islands. The work that the men of NMCB SEVEN accomplished to bring life back to normal for the people of the Caribbean Islands shows why they were selected as "Best of Type for 1989" and were awarded the PELTIER AWARD for best active construction battalion in the Naval Construction Force.

On August 8, 1990, the Battalion was ordered to mobilize for redeployment to the Middle East in direct support of Operation "Desert Shield." All details, except for the Civic Action Team, were immediately rolled back to Okinawa within a 72 hour period. On September 10, the Air Det departed Kadena Air Force Base, Okinawa, for the Middle East to begin setting up Camp Sierra India Bravo, followed by the advance party on September 29 and the Mainbody on October 10. A 25 man detail was sent to Allied Support Unit Bahrain to perform construction support and public works operations, and a 90 man detail was sent to Jubail, Saudi Arabia to assist in construction of a 15,000 man tent camp.

In 1994, NMCB SEVEN's Deployment for Training, Colombia, earned a Navy Meritorious Unit Commendation for it's work building riverine combat bases for Colombian Marines 1 Oct 1993 - 28 Feb 1994.

During NMCB SEVEN's 1995 Pacific deployment, the 69 members of Detail Guantanamo Bay, Cuba, acted as part of Joint Task Force 160 to build facilities to house 30,000 Cuban and Haitian migrants. The work included the construction of strongback tents, tension fabric structures, and waterline supports. Joint Task Force 160 received the Joint Meritorious Unit Award for its accomplishments.

Awards earned by NMCB SEVEN include the Peltier Award for best NMCB in the Naval Construction Force; three Atlantic Fleet Best of Type "E" Awards; three Naval Unit Commendations, Two Meritorious Unit Citations; four Vietnam Service Medals; a Navy Expeditionary Medal; an Armed Forces Expeditionary Medal; an Army Meritorious Unit Commendation; three Republic of Vietnam Meritorious Unit Citations (Gallantry); and three Republic of Vietnam meritorious Unit Citations (Civil Action).

NMCB SEVEN's newest awards earned after its recommissioning in 1985 include the Peltier Award for 1989, the Atlantic Fleet Seabees Best of Type "E" award for fiscal years 1987 and 1989; the Golden Anchor Award for 1989, 1994, 1995 and 1996; the Silver Anchor award for 1993 and 1997; the Coast Guard Meritorious Unit Citation; the Atlantic Fleet Seabees Safety Award for 1994, 1995, 1996 and 1997 and the Atlantic Fleet Seabee Unit Rifle Marksmanship Award for 1996.

The Officers, men and women look forward to maintaining the proud heritage of the "MAGNIFICENT SEVEN" in the years ahead whenever and wherever our country may need them.



## Commanding Officer

**Commander  
Christopher J. Honkomp  
Civil Engineer Corps U.S. Navy**

Commander Honkomp is a native of Wichita Falls, Texas. He attended Texas A&M University as a member of the Corps of Cadets. He graduated with a Bachelor of Science Degree in Civil Engineering in August of 1983 and was commissioned as an Unrestricted Line Officer.

CDR Honkomp served as Combat Information Center Officer and Main Propulsion Assistant onboard the USS Austin (LPD-4). He transferred in October 1986 to Newport, Rhode Island, and served as a shipboard engineering instructor at the Surface Warfare Officer School Command, Division Officer Course. He was selected for transfer to the Civil Engineer Corps during this tour, and in March 1987, reported to NAS Pensacola, Florida, as Assistant Resident Officer in Charge of Construction. He transferred to the Navy Public Works Center, Pensacola in August 1990, and served as an Activity Civil Engineer.

CDR Honkomp transferred to Gulfport, Mississippi, in August 1992 to Naval Mobile Construction Battalion Seventy-Four as Alfa Company Commander. He became Operations Officer in May of 1993. He transferred to Washington, DC in September 1994 for duties as Civil Engineer Corps Lieutenant Detailer at the Bureau of Naval Personnel. Enrolling at Graduate School in September of 1996, he earned a Masters of Science Degree in Environmental Engineering from the University of Maryland. He reported to Third Naval Construction Brigade, Pearl Harbor, Hawaii in July 1997 as Construction Operations Officer. He became Operations Officer in July 1998 and moved to Chief of Staff in January 2000. In July 2000, Commander Honkomp transferred to the Navy Public Works Center, Pearl Harbor, as Production Officer. He later assumed duties as Regional Facilities Officer for Navy Region Hawaii. He assumed command of NMCB-7 on 28 April 2001.

CDR Honkomp is qualified as a Surface Warfare Officer. He is a registered Professional Engineer in the state of Florida and is a member of the Acquisition Professional Community. His personal decorations include the Meritorious Service Medal, the Navy Commendation Medal (four awards) and the Navy Achievement Medal.



## Executive Officer

**Lieutenant Commander  
Gregory W. Harshberger  
Civil Engineer Corps U.S. Navy**

LCDR Harshberger, a native of Minneola, Kansas, was commissioned as an Ensign in the Civil Engineer Corps in 1987 upon completion of Officer Candidate School in Newport, RI. Prior to commissioning, he received a Bachelor of Science degree in Mechanical Engineering from Wichita State University.

His initial tour of duty was at England Air Force Base in Alexandria, Louisiana where he served as the Assistant Resident Officer in Charge of Construction. In September 1990, he reported to NMCB FIVE where he completed a deployment to Saudi Arabia in support of Operations Desert Shield and Desert Storm serving as the Assistant Operations Officer, Training and Intelligence Officer and Company Commander. He completed a following deployment to Okinawa, Japan where he served as the Officer-in-Charge of Detail Adak, Alaska. Following his tour with the Seabees, he attended the University of Texas at Austin where he received a Master of Science degree in Mechanical Engineering. LCDR Harshberger reported to Commander, U.S. Naval Forces Marianas, Guam in June 1994 where he served as the Facilities Planning and Programming Officer. He was then reassigned to the Fleet Combat Training Center, Atlantic, Dam Neck, Virginia in 1996 as the Base Civil Engineer. In August 1998, he transferred to the Officer-in-Charge of Construction at the Portsmouth Naval Hospital in Portsmouth, Virginia where he served as the Resident Officer-in-Charge of Construction. LCDR Harshberger joined NMCB SEVEN in June 2000.

LCDR Harshberger is a registered Professional Engineer in the State of Virginia. He is qualified as a Seabee Combat Warfare Officer and is a member of the Navy's Acquisition Professional Community. His personal decorations include the Navy Commendation Medal (three awards), the Navy Achievement Medal (two awards), and other unit and service awards.



**CMDCM (SCW)  
Wade C. Howk  
NMCB-7  
Command Master Chief**

CMDCM (SCW) Howk is a native of Dewar, Oklahoma. He graduated from Dewar High School in 1971. Upon graduation, he attended the Oklahoma State Technical College and earned an Associates Degree in Building Construction. In addition, he holds an Associates Degree in Business Management from Connors State College. CMDCM(SCW) Howk enlisted in the United States Navy in September 1973.

CMDCM (SCW) Howk attended Recruit Training at Naval Recruit Training Center, San Diego, California in September 1973. His first assignment was Naval Mobile Construction Battalion (NMCB) THREE in Port Hueneme, California. Follow on assignments include: NMCB TWENTY-TWO; NMCB SEVEN (2 tours); U.S. Naval Station, Rota, Spain; and TWENTIETH Naval Construction Regiment, Gulfport, Mississippi. In 1996, he graduated from the Senior Enlisted Academy. Most recently, Master Chief Howk was assigned as the Senior Enlisted Detailer and Rating Assignment Officer for the Bureau of Naval Personnel (PERS-401), Millington, Tennessee. In September 2001, CMDCM(SCW) Howk assumed duties as Command Master Chief of NMCB SEVEN.

CMDCM (SCW) Howk is a qualified Seabee Combat Warfare Specialist. His personal awards include: Navy and Marine Corps Commendation Medal (3 awards); Navy and Marine Corps Achievement Medal (4 awards); Navy Unit Commendation (2 awards); Meritorious Unit Commendation; Battle "E" Ribbon (2 awards); Good Conduct Medal (3 awards); National Defense Service Medal (2 awards); Southwest Asia Service Medal; Humanitarian Service Medal (2 awards); Sea Service Deployment Ribbon with five Bronze Stars; Overseas Service Ribbon with two Bronze Stars; Coast Guard Special Operations Service Ribbon; Kuwait Liberation Medal; Expert Rifleman Medal; and Expert Pistol Shot Medal.

**CMC'S WELCOME ABOARD MESSAGE**



Welcome to the “Magnificent SEVEN,” one of the Navy’s finest Mobile Construction Battalions. It will get even better now that you will be a part of the team. The world events of today mean new and exciting challenges for the Naval Construction Force. Battalion tours are fast paced, demanding and rewarding. Our command climate ensures that you can succeed both professionally and personally.

This “Welcome Aboard” package contains information designed to familiarize you with the Gulfport area and the deployment sites. Your sponsor will be writing to ask you your concerns and find out what can be done to help you get settled into the Gulfport area and the battalion routine.

Getting comfortable in a new command can be difficult. However, communication with your sponsor should help resolve your concerns. You will find a listing of telephone numbers for homeport and deployment sites in the package. The command address is:

Commanding Officer  
NMCB-7 UNIT 60252  
FPO-AA 34099-5061

I am looking forward to your arrival! Enjoy your tour with the “Magnificent SEVEN” team. Enjoy the various customs you’ll encounter and the new friends you’ll make. Don’t hesitate to contact your sponsor or the Career Counselor’s office should you have questions or need assistance.

CMDCM(SCW) W. C. Howk  
Command Master Chief

## **NMCB SEVEN TELEPHONE NUMBERS**

<b>DEPARTMENT</b>	<b>GULFPORT, MS</b>	<b>CAMP MITCHELL, Spain</b>	<b>CAMP SHIELDS, Okinawa</b>	<b>CAMP COVINGTON, Guam</b>
Commanding Officer	871-2795	727-2458	732-4142	339-6185
Executive Officer	871-2830	727-2840	732-4142	339-6185
Command Master Chief	871-2549	727-2490	732-4142	339-6185
Career Counselor	871-2335	727-2340	732-4017	339-7270
Quarter Deck	871-2009/2726	727-2141	732-4016/4018	339-3231/3232
Disbursing	871-2618	727-3293	732-4074	339-2116/6202
Personnel Office	871-2728/2930	727-2737	732-4080	339-7174/3146
Chaplain	871-2454	727-1589	732-4191/4192	339-7173/6115
Medical	871-2818	727-3230	732-4030	339-3151/2118
Dental	871-2606	727-2845	732-4029	339-6232
Red Cross	871-2483	727-2333/68	734-1294	344-9260
Family Service Center	871-2581	727-3231/3232	734-3366	333-2056/9
Navy-Marine Corps Relief	871-2610		734-3927	564-1879
Post Office	871-2258		732-4019	339-7271
Navy Lodge	800-NAVY-INN	727-2643	800-NAVY-INN	800-NAVY-INN
USO	NONE		734-3374	

For Long distance calls to Gulfport, MS use (228) area code.

For Long distance calls to Camp Covington, Guam use (011-671-339-last four).

For Long distance calls to Camp Shields, Okinawa use (011-81-611-732-last four).

For Long distance calls to Camp Mitchell, Spain use (011-34-956-82-last four).

For DSN: Use 868 for Gulfport, 314 or Rota, Spain, 315 for Okinawa, 315 for Guam. To call Spain or Okinawa the overseas DSN operator at 564-0111 (Norfolk, VA) is required. Rota, Spain is six hours ahead of Gulfport time and Okinawa is thirteen hours ahead of Washington DC.

## **NMCB SEVEN UNIFORM POLICIES**

Maintaining a full seabag is a requirement for all Navy personnel, but as a member of NMCB Seven you will also wear Camouflage Utility Uniforms (CUUs). Your CUUs issue will consist of four blouses, four trousers, four brown t-shirts, a belt with buckle, six pairs of green or black socks, two soft covers, two sets of blousing straps, one hard hat, two pairs of black combat boots, a field jacket, and a liner for the field jacket.

The wearing of CUUs holds several advantages, such as **NO COST** to the member, the opportunity to replace your uniform when damaged or worn, and no costly uniform upkeep (excluding t-shirts, socks and blousing straps; t-shirts and socks are issued once every six months). Though you will still be required to maintain all other Navy uniforms, CUUs will be the primary uniform while in NMCB Seven.

The standard Navy PT gear consists of dark blue running shorts and brown T-shirt and/or navy blue sweats.

### **UNIFORM POLICY IN HOMEPORT:**

-Tuesday and Thursday: CUUs for morning quarters.

-Monday, Wednesday, and Friday: PT gear for morning battalion PT.

-Saturdays, Sundays and Holidays, duty personnel will wear prescribed uniform of the day.

### **UNIFORM POLICY ON DEPLOYMENT:**

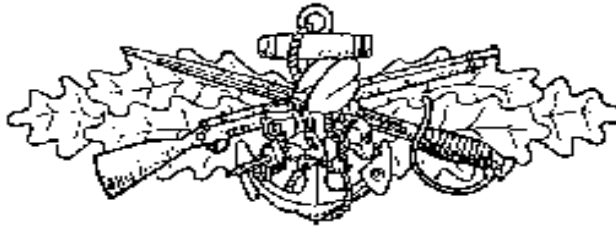
-Monday, Wednesday, and Friday: PT gear for morning quarters, CUUs for working uniform.

-Tuesday, Thursday, and work Saturday: CUU's

### **PHYSICAL READINESS PROGRAM**

We maintain an active physical readiness program. Three times a week the battalion runs a program of basic exercises and a mile and a half formation run. On deployment we PT on Tuesday, Thursday, and on working Saturdays. In homeport we PT on Monday, Wednesday and Friday morning. The battalion does its semi-annual test in April/May and September/October so be prepared. If you wish to know the exact dates of the test please ask your sponsor.





## **SEABEE COMBAT WARFARE (SCWS) SPECIALIST PROGRAM**

How important is this program to you?

The Seabee Combat Warfare Program recognizes the importance of the wartime mission of the Seabees. The program requires individuals to master a wide range of skills that specifically apply to the Naval Construction Force. The intent is to produce an individual with all the requisite skills to survive in a contingency environment, as well as master the day-to-day technical and administrative aspects of the Seabees. Due to its importance, all E5 and above are required to enroll in the program and actively pursue qualification. Although E1-E4 personnel are not required to participate in the program, they are strongly encouraged to work toward qualification and their voluntary participation is weighed in their periodic performance evaluations. Our goal is to provide every member of this command the opportunity to qualify.

What's the warfare device mean to you and what is its importance and its significance?

The SCWS program is another path for self-improvement to excel in tactical and professional proficiency. You have attended, studied, practiced and demonstrated in all areas of combat readiness that Seabees are generally involved in. Having earned the Seabee Combat Warfare Device, puts you above others without one, in terms of advancement, selection for special duty assignments and in general prestige!

How can you enter the program?

First of all, you must be in a qualifying unit in order for you to earn the Seabee Combat device. The battalion is a qualifying unit. Upon arrival to NMCB SEVEN, you will automatically be enrolled during your indoctrination period. The unit's program manager will be giving out a book called Personal Qualification Standard or PQS, and a checklist of criteria one must complete prior to final qualification. The book is broken down into 13 different areas/topics: Safety, Basic First Aid, Weapons, General Military Tactics, Communications/Communications Security, Chemical/Biological/Radiological Warfare, Embarkation, Logistics, Administration, Civil Engineer Support Equipment, Outgoing Operations, Contingency Construction, Battle Damage Repair, Camp Support.

What one must do to complete the program:

Once enrolled, the enrollee has many different options to get the ball rolling. You must go to the Education Services Officer to order all of the correspondence courses listed in the checklist and complete the following course/exercise/qualification:

1. SEABEE COMBAT HANDBOOK (NAVEDTRA 82003)
2. NAVAL SAFETY SUPERVISOR (NAVEDTRA 12971)
3. NAVAL CONSTRUCTION FORCE/SEABEE CPO (NAVEDTRA 10601)
4. NAVAL CONSTRUCTION FORCE/SEABEE PO1 (NAVEDTRA 10601) (E-6 AND BELOW)
5. COMPLETE STANDARD MILITARY REGIMENTAL FIELD TRAINING EXERCISE 6. QUALIFY WITH TOA WEAPON NORMALLY ASSIGNED FOR THE POSITION HELD BY CANDIDATE
7. COMPLETE PQS BOOKLET WITHIN 24 MONTHS OF ENTRY INTO PROGRAM.
8. PASS MOST RECENT PHYSICAL READINESS TEST WHEN SUBMITTING THE PACKAGE FOR FINAL SCW BOARD
9. EVALUATION CRITERIA MUST BE OVERALL PROMOTABLE (E4 AND ABOVE MUST ALSO BE AT LEAST 3.0 IN LEADERSHIP)
10. ONE YEAR ON BOARD – DATE REPORTED
11. ALL OF THE ABOVE MUST BE CERTIFIED BY THE PERSONNEL OFFICER OR DESIGNATED OFFICIALS.

## **COMMANDING OFFICER'S SAFETY POLICY**

1. Safety is the responsibility of everyone in the command. The very nature of our business, both the military side and construction side, requires a constant focus on safety to keep from getting people killed, maimed or otherwise injured. If we are to meet our mission and protect our people, we have to keep safety in mind at all times. Operational Risk Management (ORM) is the tool we will use to ensure we can meet our mission safely and effectively.
2. Safety requires a continuous effort. It must be more than simply following standard procedures and work practices; we must have a shift in our attitudes, embracing safety awareness. We benefit from a comprehensive safety program only when we exercise the highest degree of safety consciousness. The bedrock of this change is in the continuous evaluation of every procedure, process, and practice to determine risk factors through the use of Operational Risk Management. Our goal is to incorporate ORM as a routine part of all daily operations. ORM will help preserve our personnel and material assets while maximizing mission accomplishment.
3. Every member of NMCB SEVEN, regardless of rank or position, has the authority to stop an unsafe work practice. All potentially unsafe or unhealthy working conditions shall be reported to the chain of command and the Safety Officer. Ignoring an unsafe/unhealthful condition will not be tolerated.
4. Safety does not end at the completion of the workday. Injuries after hours or while playing recreational sports have the same negative impact on the battalion as injuries sustained during the workday. ORM continues to play its role during off-base duty events to make sure we have identified risks and taken the necessary steps to make the event as safe as is reasonably possible.
5. I expect each member of the battalion to comply with proper safety procedures and to promote effective safe and health practices. The safety of our Seabees is critical. Especially during peacetime, the emphasis on safety must be strong and consistent. There are no training experiences, construction deadlines or liberty call worth risking the life or safety of our troops. If we cannot do it safely in peacetime, we have no chance of succeeding during hostilities. The habits we form will allow us to meet our peacetime and combat missions without sustaining self-inflicted casualties. Safety must always remain foremost in our minds.

## **MAGNIFICENT SEVEN'S DEPLOYMENT SCHEDULE**

NMCB SEVEN deploys to Europe (Mainbody at Camp Mitchell, Rota, Spain), the Western Pacific (Mainbody at Camp Shields, Okinawa, Japan) and Pacific (Camp Covington, Guam). Deployments are approximately six-months long and are followed by a ten month homeport period. The deployment cycle is as follows:

	<u>From</u>	<u>To</u>
Rota, Spain	- March 02	- August 02
Gulfport, MS	- August 02	- June 03
Okinawa, Japan	- June 03	- Dec 03
Gulfport, MS	- Dec 03	- Oct 04
Guam, USA	- Oct 04	- Mar 05
Gulfport, MS	- Mar 05	- Jan 06

While forward deployed, NMCB SEVEN will be tasked with completing many assigned construction projects in Europe, Central and Western Pacific sites. Past detail sites have included the following places:

### **Rota Detail Sites**

- |                        |                           |
|------------------------|---------------------------|
| - Guantanamo Bay, Cuba | - Souda Bay, Crete Greece |
| - Sigonella, Sicily    | - Thurmont, MD            |

### **Okinawa Detail Sites**

- |                   |                  |
|-------------------|------------------|
| - Iwakuni, Japan  | - Sasebo, Japan  |
| - Yokosuka, Japan | - Pohang, Korea  |
| - Atsugi, Japan   | - Chinhae, Korea |

### **Guam Detail Sites**

- |                 |                      |
|-----------------|----------------------|
| - Diego Garcia  | - Lemoore, CA        |
| - San Diego, CA | - Camp Pendleton, CA |
| - Hawaii        |                      |

The above Detail sites are for informational purposes. When we are forward deployed, the word "forward" means we can be re-deployed anywhere as required, including areas of tension that affect the national interests of the United States. Detail sites vary from deployment to deployment due to tasking and operational commitments. For example, while forward deployed to Okinawa in 1990, NMCB SEVEN re-deployed to Operation Desert Shield/Desert Storm.

Providing NMCB SEVEN is not involved in vital tasks for the nation's security, leave periods of 14 days are usually authorized while on deployment. Personnel are responsible for purchasing their own airlines tickets and are also authorized to use Space-Available Military Airlift Command (MAC).

Prior to departure from the command, personnel using MAC must have ample financial means to return to NMCB SEVEN at the end of their leave period in case a return MAC flight is not available.

## Gulfport Housing

Government owned family housing at CBC consists of seven sets of married officer quarters and 208 sets of married enlisted quarters. The officer quarters complex consists of three single houses and two duplexes. One of the single units is designed as quarters for the Center commanding officer. The other six units are assigned to eligible personnel from an established waiting list.

The 208 sets of married enlisted quarters consist of 16 five-bedroom units and 84 four-bedroom units that are all townhouses. There are also 80 three-bedroom houses and 28 two-bedroom houses that are newly constructed duplexes. Waiting lists for all the houses are maintained at the Housing Welcome Center.

Camille Court, the Navy-owned mobile home park, contains spaces for 25 single wide mobile homes. The court is fenced, has a children's playground and is within walking distance of the 25th Street Gate to the Center.

Personnel receiving orders to CBC or its tenant commands can make advance application, in writing, for quarters. Control date is the date of detachment from prior command. Housing assignment is available to all pay grades based on family composition. DD Form 1746, Application for Assignment to Military Family Housing, should be available at any housing or personnel office. The same form can be used to apply for space in the mobile home park. In the remarks section, give the size of your mobile home. The application MUST be accompanied by a copy of the individual's transfer orders and Page 2, Record of Emergency Data.

The Housing Welcome Center provides a service to assist military of all grades moving into the Gulfport area in locating suitable off-base housing if government housing is not available. There are private rentals available on the local market. Three bedroom homes rent for \$600 to \$1,000 per month, plus utilities. Utilities average from \$125 to \$165 per month excluding telephone. A deposit must be made for utilities and the maximum deposit for all utilities is \$200. All personnel, regardless of organization to which assigned, must clear through the Housing Welcome Center prior to making a commitment for private rental housing in the local community. Rates for temporary housing vary with the seasons. The Mississippi Gulf Coast is a popular summer resort area and finding temporary off base housing with the price range of many personnel becomes more critical from April through September.

The Rental Partnership Program assists military members with rental of suitable community housing at a cost below market rates. Contact the Housing Welcome Center to participate.

For further information, write the Naval Construction Battalion Center, Code 20.1, 5209 Blower Street, Gulfport, MS 39501-5001; or call 228-871-2586 or DSN 868-2586. Hours of operation are 7 a.m. to 4:30 p.m., Monday-Friday. Fax number is DSN 868-2453.

The Housing Welcome Center at CBC Gulfport can provide you with a list of apartments, rental houses, and trailer parks. Since dockside gambling arrived on the Mississippi Gulf Coast in August 1992, rental prices have increased. **Gulfport has been designated as a Critical Housing Area (CHA). Military members are encouraged to take house-hunting trips to Gulfport or leave the family at the last duty station until housing is secured.** A rental Set-Aside Program is now available to assist in finding apartments at a reasonable cost with no deposit.



The Housing Referral Office also maintains listings of houses for sale, by owner and those listed with realtors. CAUTION: Do not enter into a sales agreement, or lease without first checking with the Housing Referral Office.

For more information contact the Housing Referral Office located in Bldg. 85/2nd St. across from the Navy Exchange. Hours of operation are **0700-1630 Mon-Fri.** Telephone: **(601)871-2585** or **(800)414-0757.**

## **NAVAL STATION ROTA**

### **Installation Commonly Referenced Numbers**

NOTE: The telephone numbers shown below are local Rota extensions. Telephone prefixes for Rota are: Commercial (from the United States) 011-34-956-82-xxxx. DSN: 727-xxxx.

Ambulance.. : 3300  
Banking Facilities Banco de Andalucia.. : 2827/2832 (Bldg. 228)  
Barber Shops Exchange Main Shop.. : 2507 (Bldg. 40)  
Navy Federal Credit Union.. : 2986 (Bldg. 54)  
NEX Cashier.. : 2755 (Bldg. 40)  
PSD Cashier.. : 2032 (Bldg. 52)  
Dry Cleaners: 1962 (by the commissary, open 10:00 - 18:00 (M-F) - 1700 (Sat)  
Housing Annex.. : 4599 (Bldg. 134)  
Beauty Shop.. : 4034 (Bldg. 134)  
Billeting BEQ Central Billeting.. : 2460/2680 (Bldg. 569)  
BOQ.. : 1750/1751 (Bldg. 39)  
Navy Lodge.. : 2643 (Bldg. 1674)  
Chaplain.. : 2161/2 (Bldg. 42)  
Commissary.. : 2587 (Bldg. 40)  
NEX Convenience Stores: Quick Stop.. : 4599 (Housing, Bldg. 134)  
Education Office.. : 2711 (Bldg. 52)  
Family Advocacy Rep.. : 3231/2 (Bldg. 1743)  
Family Service Center.. : 3231/2 (Bldg. 1743)  
Family Service Programs.. : 3232 (Bldg. 1743)  
Hospital.. : 3305 (Bldg. 1802)  
Housing Office.. : 2398/1349 (Bldg. 1960)  
Human Resources Office (HRO) (Civilian Personnel): 2677 (Bldg. 52)  
Legal Office (NLSO).. : 2531/2 (Bldg. 521)  
Military Flight Information.. : 2411/2171 (Bldg. 2)  
MWR.. : 1516 (Bldg. 1)  
Navy Exchange.. : 2033 (Bldg. 40)  
Personnel Support Detachment.. : 3011 (Bldg. 52)  
Transportation Mgmt.. : 3045  
Travel Office.. : 2034  
Quarterdecks CNA/NAVSTA.. : 2222/2707 (Bldg. 1)  
Hospital.. : 3560/1 (Bldg. 1802)  
MCSFCo.. : 2472  
NCTAMS Med Det.. : 2470 (Bldg. 8)  
NEMOC.. : 2410 (Bldg. 532)  
NSGA.. : 2705 (Bldg. 533)  
VQ-2.. : 2185/6 (Bldg. 5)  
625 AMSS.. : 3196 (Bldg. 1994)  
Red Cross.. : 2333/68 (Bldg. 52)  
Rota Coastline (Base newspaper).. : 2491/3786  
Schools (DODDS On-base)  
Elementary School.. : 4185/4187 (Bldg. 73)  
High School.. : 4181/4183 (Bldg. 77)  
Security.. : 3240/2001 on base 911, off base 82-0911

## **Naval Station Rota: Local Community**

### **Cultural Attractions**

Festivals play a major role in Spanish life. They are eagerly awaited and planned well in advance. Each city and region has its own special fiesta, often in honor of a patron saint. Activities associated with fiestas include processions, fireworks, dancing, the wearing of the regional costume, bullfights, and amusement attractions. The official national holidays include New Year's Day, Three King's Day (6 January), Feast of San Jose (19 March), Holy Week and Easter (Semana Santa), Labor Day (1 May), Corpus Christi (June), the King's Birthday (24 June), Santiago Day (25 June), Rota Patron Saint Day (7 October), Columbus Day (12 October), All Saints Day (1 November), Immaculate Conception (8 December), and Christmas. Christmas gifts are not opened until the day of the Three Kings or Wise Men on 6 January.

Three Kings Celebrations are located at various neighboring towns 10-45 minute drive from Base. There is an Evening parade on January 5th on the eve of Three King's Day, the Christ child is placed in nativity scenes in local homes and stores. Men attired in Three Kings costumes ride on colorfully decorated floats & throw tons of candies to thousands of people lined up on the streets.

Carnaval Celebrations are held in Cadiz; El Puerto de Santa Maria; Rota; Chipiona; San Lucar de Barremeda and Jerez de la Frontera, which are 10-45 minute, drive from Base.

The Spanish word "Carnaval" means "farewell to flesh." It is a period of feasting and revelry just before Lent. The church often refers to it as the "Devil's Feast." Most Americans know this celebration by the name "Mardi Gras", as it is called in New Orleans. Celebrations include wild masquerade dances, parades, fireworks, pinatas, elections of nymphs, burning of witches, singing contests, street-singing parties, patio decorations and costume contest. There are Palm Sunday and Holy Week processions with a variety of colorfully decorated floats depicting Christ's Crucifixion, as well as other historically Christian statues. The participants in the processions dress in special robes and hoods which add color and somberness to the event.

Spring/May Festivals ("Ferias"): The importance and popularity of a given fair depends on the size of the town. Not only the decoration, lighting of the fairgrounds, number of bullfights, rides, shooting galleries and "casetas" (booths), but also the idiosyncrasies of the local people and area wines are the determining factors in gaining fame for certain fairs. Admission is free. Usually, all fair activity programs include at least one bullfight. Late in the evening, after the bullfights, the fair activities regain new energy and last until dawn.

Horse Fair: A week dedicated to horses. Jerez is famous for raising the best quality horses in Spain. Different competitions, including bullfighting on horseback, are held and awards presented. The annual evening gala featuring the famous Andalucian Dancing Horses is presented at this time.

Travel Planning can be done through The Information, Tickets and Tours (ITT) office on board the Naval Station. ITT provides leisure travel/vacation information, local day and weekend trips, and international tours. Some of our tours include: Spanish Heritage tours to Granada, Seville, Cordoba, and Ronda; Shopping tours for Spanish Handicrafts such as brassworks, ceramics, paintings and basketry; Cultural tours include the Jerez Horse show, bodega tours and flamenco shows. Some over night tours include places such as Portugal, Paris, and other countries. ITT also sells tickets to area attractions and events when available.

## **Naval Station Rota: Local Community**

### **Local Community Overview**

Spain lies in the southwestern part of Europe. It occupies part of the Iberian Peninsula bounded by the Mediterranean and the Canary Islands in the Atlantic. Its total surface area is 504,788 km. You will find that Spain is both European and Mediterranean in climate, vegetation, and culture. It is more than two-thirds the size of Texas with a population of over 39 million inhabitants. From the north to the south, from the east to the west, scenery, landscape, climate and accents in Spain vary almost unbelievably. Spain's most unique features are its beautiful and numerous mountains. Spain is the second most mountainous country in Europe, Switzerland being the first.

Spain is divided into 15 regions. Rota is located in the region of Andalucia, with its largest city being Seville. Rota is a town in the province of Cadiz. The Andalucians are known for their Flamenco music and their impressive religious ceremonies, as well as their distinctive architectural style derived from the Moors.

In addition to the Iberian mainland, Spanish territory includes the Balearic Islands, the Canary Islands, plus Ceuta and Melilla on the Mediterranean Coast of Africa. Each of these areas has its own unique character and culture.

While the regional areas in Spain represent a wide diversity of cultural patterns and languages, there is, nevertheless, a national feeling of identity very evident among Spaniards regardless of their level of society.

The population of Spain is 39.2 million and is growing annually at 0.2 percent. This includes the people on several islands that are part of Spain. The Spanish are a composite of Mediterranean and Nordic ancestry and are considered a homogeneous group. Madrid, the capital, has the largest population with 3.6 million people. Barcelona, the next largest, has 1.8 million.

The currency in Spain, until 1 January 2002, is the PESETA. After 1 January 2002 the Euro will be introduced and used along with the Peseta. The peseta will no longer be used after 1 March 2002.

Conversion: \$1 = 191 ptas (Aug 2001, rate varies). The peseta is the smallest unit. Available coins are: 1 ptas or pts (abbreviations), 5 ptas, 10 ptas, 25 ptas, 50 ptas, 100 ptas, and 500 ptas. Notes are: 1,000 ptas, 2,000 ptas, 5,000 ptas, and 10,000 ptas.

After 1 March 2002, Spain, along with most European Union countries, will use only the EURO as their currency. Conversion: 1 euro = 166.386 ptas. (rounding off: 166 ptas) Participating countries are: Belgium, Germany, Greece, Spain, France, Ireland, Italy, Luxembourg, The Netherlands, Austria, Portugal, and Finland.

Conversion: \$1 = .88 Euro cents (Aug 2001, rate varies)

There are 8 Euro coins denominated in 2 and 1 Euros, then 50, 20, 10, 5, 2 and 1 cents. Every Euro coin will carry a common European face. On the obverse, each Member State will decorate the coins with their own motifs. No matter which motif is on the coins they can be used anywhere inside the 12 Member States. For example, a French citizen will be able to buy a hot dog in Berlin using a Euro coin carrying the imprint of the King of Spain. The common European face of the coins represents a map of the European Union against a background of transverse lines to which are attached the stars of the European flag. The 1, 2 and 5 cent coins put emphasis on Europe's place in the world while the 10, 20 and 50 present the Union as a gathering of nations. The 1 and 2 Euro coins depict Europe without frontiers. Final designs were agreed at the European Council meeting in Amsterdam in June 1997.

Availability: Coins can be obtained from 1 January 2002 from banks and at retail outlets. In some Member States mini-kits will be made available in advance.

There are 7 Euro notes. In different colors and sizes they are denominated in 500, 200, 100, 50, 20, 10 and 5 Euros. The notes will be uniform throughout the Euro area; unlike coins, they will have no national side. The designs are symbolic for Europe's architectural heritage. They do not represent any existing monuments. Windows and gateways dominate the front side of each banknote as symbols of the spirit of openness and cooperation in the EU. The reverse side of each banknote features a bridge from a particular age, a metaphor for communication among the people of Europe and between Europe and the rest of the world. All notes will carry advanced security features. All Euro notes are legal tender in all countries of the Euro area. Availability: Notes can be obtained from 1 January 2002 from bank cash machines and at the banking counter. Big retailers will also be giving them back as change after a purchase

has been made with old currency. Many people are expected to find it more convenient to use credit and cash cards in the first few days of January 2002. By 28 February 2002 at the latest, old notes and coins will be withdrawn from circulation.

## **Naval Station Rota: Support Services** **Single Member Services**

The LIBERTY Program. MWR's Single Service Member Program benefits the single enlisted community, including geographical bachelors, and temporary duty personnel from other duty stations. The LIBERTY Program offers a wide variety of inexpensive activities, programs, and trips. The LIBERTY Program is a dynamic program offering you ways to be involved with the culture as well as life enriching classes and events. Examples are day trips to Ronda, Seville, Gibraltar, local malls, hiking, horseback riding, and occasional overnight trips and camping trips. Trips are also planned for local fairs and other Spanish celebrations/fiestas

## **Naval Station Rota: Support Services** **Morale, Welfare, and Recreation**

Recreational services on board Naval Station, Rota include the following:

Arts and Crafts Center - The Arts and Crafts Center offers a full service craft program with a large retail sales floor, work area, ceramic greenware and crafts, and supplies for most craft or art interests.

Auto Skills Program - Consists of the Auto Hobby Shop and Auto Used Parts. The Auto Hobby Shop features the latest equipment in modern technology allowing people to perform everything from a basic oil change to a complete engine overhaul. It has the Mitchell-On-Demand Computerized Automotive Repair System, three lifts, an engine and computer analyzer and a paint booth. Automotive repair classes are available. The Auto Used Parts operation sells used parts for many makes and models of automobiles at a fraction of the original cost.

Bowling Center - Bowlers will find automatic pinsetters, a pro-shop, rental lockers and shoes, house balls and plugging and drilling of balls at Rota's 16-lane bowling center. Men's, women's, and mixed league tournaments are held year-round.

Movies - The air-conditioned, indoor theater have a 360-seat capacity and operate seven days a week, 364 days a year. A drive-in theater located near the base housing area, show features on Fridays, Saturdays and Sundays, no admission fees - free.

Swimming - Two on-base pools serve the Rota community. One is located in the housing area, and the other is located on the main base, near the Fitness Center. The covered Aquatics Center is open year round and the Housing Pool is open from the end of May through September.

Golf Course - Situated on 200 acres, the Captain Jake Dennis Memorial Golf Course is an 18-hole par 72 course, 6,507 yards in length. It features a driving range and golf clubs/pull cart rental. The Golf Course clubhouse contains a fully equipped pro-shop.

Tennis Courts - There are 10 tennis courts located in several areas around the base.

Fitness Center - The Rota Fitness Center is open seven days a week and features a basketball/volleyball court, five racquetball courts, a free weight room, pro-shop and a complete Nautilus Center with state of the art aerobic equipment. The issue room provides equipment such as basketballs, volleyballs, tennis and racquetball equipment. Aerobics classes are held Monday through Saturday and range from traditional floor aerobics to step aerobics. The men's and women's locker rooms are equipped with free daily use lockers and lockers for rent on a monthly or annual basis, coed sauna, steamroom, and Jacuzzi. Marina - The Marina is open year-round and is located in the port area. Sailing enthusiasts may rent a variety of sailboats. There are also fishing boats and motors for rent, and camping equipment is also available. Additionally, scuba diving classes are offered year-round.

Wood Hobby Shop - Woodworking enthusiasts will enjoy the Wood Hobby Shop, which sells wood and other materials and provides a variety of tools and power equipment for customer use. Staff is available to assist personnel with projects, and classes are offered throughout the year.

Aquatics - This program has two pools. The Aquatics Center is covered, heated and has locker rooms for men and women. It is open year-round primarily for lap swimming, military training and command PRTs. All of the Learn to Swim Classes and Aqua Jog classes take place at the Aquatics Center. The Housing Pool is open from Memorial weekend through the middle of September for recreational swimming. Both pools can be reserved for command or private functions for a nominal fee. We are always looking for qualified lifeguards and Water Safety instructors. If you or someone you know has either of these certifications stop by the MWR Personnel Office and drop off a standard form 171 application or OF612.

Rota Lanes Bowling Center: Recently completed a major renovation by installing brand new pinsetters, pin decks, lanes, approaches and seating for the 16-lane center. All lanes are equipped with Ball Wall gutters for bumper bowling. A pro-shop is available for all of your bowling needs.

Fees Open Bowling \$1.65 per game League Bowling \$1.55 per game Shoe Rental .75

Rota Lanes continuously offers discount bowling throughout the week and on holidays.

Rota Golf Club:

This 18 hole golf course is the Mediterranean's best kept secret. The Club pro offers a variety of lessons for all skill levels. Lesson Fees

Mini (20 minutes): \$15.00 Regular (45 minutes): \$25.00 3 Series Lesson: \$60.00 9 Hole Playing: \$40.00

Fees

Daily: \$ 11.00 Twilight: \$ 6.00 12 Punch Card: \$ 84.00 Annual: \$540.00 Annual Family: \$700.00 Pull Cart: \$ 2.00 Electric Cart: 9 holes \$ 7.00 18 holes \$ 10.00 Rental Clubs: \$ 5.00

We also have a pro shop with a wide variety of merchandise to cover any golfer's needs.

### **Intramural Sports:**

A wide variety of sports programs are offered in conjunction with the Captain's Cup Program. Contact your Command Sports Representative or stop by the Athletic Office located in the Fitness Center Bldg. #44 for detailed program dates and offerings.

### **Special Events:**

MWR Special Events offers a variety of activities throughout the year and some of the events are open to the entire community. Examples are the MWR Flea Market, the annual Easter Egg Hunt, The Country Fair, and the Community Christmas Parade.

## **Naval Station Rota: Support Services** **Chapel Services and Programs**

Catholic Mass Location: Bldg. 42

Telephone: 2161

Hours: Sat 1800

Sun 0900 & 1200

Confessions are heard by appointment or 1/2 hour before Mass. For baptism and marriage preparations please contact ext. 2161. Confraternity of Christian Doctrine (CCD) is offered every Sunday at 1030 at the DGF Elementary School. RCIA is held every Thursday at 1900 in the Chapel. Catholic Women of the Chapel (CWOC) meet monthly.

Protestant Services Location: Bldg. 42

Telephone: 2161

Worship Services and Times:

1030 Contemporary Worship

1330 Gospel Worship

1900 Wednesdays, Protestant Communion

The Protestant Community offers age group Sunday school Classes and a wide variety of Bible Studies throughout the week to encourage spiritual growth. Both the Protestant Women of the Chapel (PWOC) and Protestant Men of the Chapel (PMOC) are active weekly to provide relationship building and growth opportunities. The Youth Group meets each Sunday night, is open to students grades 7-12. The Protestant Choir, Voices of Praise Gospel Choir and the Contemporary Praise Team enhance the worshipping communities with musical support.

Jewish Lay Service Location: Bldg. 42

Telephone: 2161

Hours: Fri. 1900 (first and third Friday of each month)

Church of Christ Lay Service Location: Bldg. 42

Telephone: 2161

Hours: Sun 1330

Bible Study meets Tuesday at 1830

## **Naval Station Rota: Education** **Colleges and Universities**

Charles County Community College/Montgomery Colleges

2917/18/2993

Accredited two year schools that offer courses leading to basic and advanced certificates and Associates in Applied Science of vocational areas including Criminal Justice, Legal Assistant, Early Childhood, and EMT.

City Colleges of Chicago

2754

Offers a wide variety of lower level courses through their non-traditional independent study delivery system supported by videocassettes, CD-ROM, or delivered via the Internet. An Associate in Arts degree (with various possible concentrations) can be obtained through this program.

Emery – Riddle Aeronautical University Location

2984

It is a part of the University's network of off-campus locations providing service members the opportunity to work toward a certificate in Aviation Maintenance Technology, Aviation Safety, or earn an Associate or Baccalaureate degree in the aviation field. Coursework in preparation for the FAA written.

University of Maryland

2917/18/2993

In Europe since 1949, the University enables students to complete course requirements leading to certificates, Associates of Arts, Bachelor of Science, or Bachelor of Arts degree. A wide range of lower and upper level courses is offered with primary concentrations in business and management, government, history, psychology, and computer studies. Bowie State University, a part of the University of Maryland system, offers leading to a Masters degree in Public Administration and Management of Information Systems.

University of Oklahoma

2799

A Masters of Human Relations is offered through an intensive class format, where classes meet over a one-week period. Extensive reading and preparation begins 30 days prior to the first class meeting. Home campus professors who are brought over to teach at one or two sites and return to campus teach the majority of classes. There are usually three courses offered during a four-month period, nine per academic year.

## **SPANISH FOR BEGINNERS**

Here are some words and phrases that will assist you:

Hola- Hello

Adios- Goodbye

si- yes

no- no  
 Por favor- please  
 gracias-thanks  
 de nada- you're welcome  
 Hasta mañana- see you tomorrow  
 Hasta luego- see you later  
 señor- sir  
 Señora- madam  
 señorita- miss  
 el amigo- friend (male)  
 El amiga- friend (female)  
 Donde esta el baño- Where is the bathroom?  
 Cuanto cuesta- How much does it cost?  
 Habla inglés?- Do you speak English?  
 Hablo un poco de español- I speak a little Spanish.  
 Como se dice ... en español? - How do you say ... in Spanish  
 Como se pronuncia esta palabra? - How do you pronounce this word?  
 Que significa ....? – What does ... mean?  
 La bebida- beverage  
 Bien cocido- well done  
 La cuchara- spoon  
 El cuchillo- knife  
 La cuenta- bill  
 El menú- menu  
 El plato- plate  
 Poco cocido- rare  
 El postre- dessert  
 La sal- salt  
 El salero- salt shaker

## GUAM

### **USN Forces Marianas: Installation** **Commonly Referenced Numbers**

<b>Name</b>	<b>Commercial</b>	<b>DSN</b>
AAFES	653-1136/1141/1280/7102	
Barber Shop - Commander, U.S. Naval Forces Marianas, Navy Exchange	564-3131	
Barber Shop - NCTS	355-2060	355-2060
Barber Shop - Naval Hospital, 1st Floor, Wing G	344-9479	344-9479
Beauty Shop - Commander, U.S. Naval Forces Marianas, Navy Exchange	564-3110	
Beauty Shop - NCTS	355-2464	
Billeting - Commander, U.S. Naval Forces Marianas, Central Billeting	339-5259	339-5259

Billeting - NCTS	355-5793	
Body Works Fitness Center	344-9226	
Chaplain - Commander, U.S. Naval Forces Marianas	339-2126	339-2126
Chaplain - NCTS	355-5415/5439	355-5415
Chaplain - Naval Hospital	344-9127	344-9745
Club - Rumors	564-1833/34	
Club - Top O The Mar	472-4606/4607	
Commissary - Commander, U.S. Naval Forces Marianas	339-5177	339-5173
Credit Union - Community First Guam	472-8219/16/15	
Credit Union - Navy Federal	477-1055	
Credit Union - Pentagon Federal	653-6492	
Education Office – COMNAVMAR Education Specialist	339-5238	349-5238
Family Advocacy Representative	333-2056/7/8/9	
Fleet & Family Support Center - Commander, U.S. Naval Forces Marianas	333-2056/9	333-2056/9
Fleet & Family Support Center Annex - NCTS	355-5658/5124	355-5658/5874
Housing Office	333-2081	333-2081
Info, Tickets, & Tours MWR - NCTS	355-5534	
Legal Office - Commander, U.S. Naval Forces Marianas	339-3155	339-3155
Legal Office - NCTS	355-5712	355-5712
Legal Office - Naval Legal Service	333-2061	333-2061
Mini Mart - Apra Heights	565-3207	
Mini Mart - Commander, U.S. Naval Forces Marianas, Barracks 20	564-3285	
Mini Mart - Naval Hospital	344-9501	
NAVPTO	339-7220/3203	339-6165
Naval Hospital-Family Practice	344-9630/9461	
Navy Campus - Commander, U.S. Naval Forces Marianas	339-8291-2	339-8291-2
Navy Exchange - Commander, U.S. Naval Forces Marianas	564-3178	
Navy Exchange - NCTS	355-2315/2062	
Navy/Marine Corps Relief Society	564-1880	
Outdoor Recreation / Auto Hobby Shop	355-5630/5527	355-5630
Personal Property	333-2045/9	333-2045/9
Personnel Support Detachment - Commander, U.S. Naval Forces Marianas	339-2311	339-2258
Personnel Support Detachment - NCTS	355-5080	355-5080
Quarterdeck - COMNAVMAR	339-7133	339-7133
Quarterdeck - NCTS	355-5333	355-5333
Quarterdeck - Naval Hospital	344-9340	344-9340
Raytheon Management	564-1847/48	
Red Cross - Naval Hospital	344-9245	344-9245
Red Cross - Naval Hospital After Hours	344-9260/9340	344-9340
SATO	564-1636/9	
Security - Commander, U.S. Naval Forces Marianas	339-6312	339-6312
Security - NCTS	355-5231	355-5254
Security - Naval Hospital	344-9744/5	344-9744/5

## **USN Forces Marianas: Local Community**

### **Cultural Attractions**

The first settlers to arrive on Guam assimilated themselves into the Malay-Polynesian culture, and are ancestors to the Chamorro people, who are indigenous to the Marianas Islands. The present population is descended from the Chamorro; many have some Spanish blood from colonial days as well. The Spanish left a legacy in terms of the Catholic religion, culture, architecture and family names. In 1898, Guam changed hands, following Spain's defeat in the Spanish-American War. The U.S. set up a naval administration on the island with U.S. Marines acting as police. Local residents were subject to military rule. The island was only lightly fortified at the beginning of World War II, which made it easy for the Japanese to seize control. It took three years before the United States regained control over the island. Over 2,000 U.S. troops were killed and 5,000 wounded; Japanese forces lost 17,000 Japanese troops. Guam was transferred from Navy jurisdiction to the Department of Interior in 1950 through the Organic Act, enacted by the U.S. Congress. This made Guamanians U.S. citizens. Island governors were appointed by the President, with the first governor being elected in 1970. Presently, the island has a 15-seat unicameral legislature, and each village has an elected mayor. Guam today is a melting pot where you'll meet a variety of people from Asia and the Pacific Rim. Filipinos, Japanese, Chinese, Koreans, Micronesians, and many others now call Guam their home. The people are open and friendly and smiles come easily to them.

## **USN Forces Marianas: Local Community**

### **Recreation Opportunities**

Guam offers a variety of recreational activities to choose from. For water enthusiasts the beaches are the star attractions, perfect for water sports or relaxation. You can choose from a hotel-lined beach at Tumon Bay or a beach where you might find yourself alone with the sea birds and the hermit crabs. Some of the choicest recreational sites on the island can be found on base. If you're not amphibiotic, Guam still has a lot to offer. Just to name a few, other local recreational activities/hobbies/clubs/groups available are:

Guam Major League Baseball - play ball with the best on the island.

Guam Rugby Football Club - trains periodically for off-island rugby tournaments. (671) 649-1946

Guam Running Club - participate in sponsored events. (Walk/run, 2K, 5K, 10K, biathlon, triathlon, marathons, Island Perimeter Relay, and many more.)

Guam Special Olympics - contact Sports Director, (671) 646-9647.

Guam National Federation Tennis - (671) 472-6270.  
Guam National Youth Football Federal - (671) 734-0530.  
Guam Volleyball Federation - (671) 734-2011.  
Guam Amateur Softball - (671) 477-7829/8333.  
Guam Baseball Federation: (671) 653-7118  
Guam Canoe Clubs - (671) 649-9053/646-7450.  
Guam Soccer Association: (671) 477-5423  
Martial Arts - black belt training (671) 646-1343.  
Ultimate Frisbee - (671) 828-3630.  
T-ball - for boys and girls five to seven years old. (671) 649-7502  
Guam National Olympic Committee - (671) 475-0556 for information on games such as soccer, sailboarding, canoeing, volleyball, boxing, and golf.  
Golf is very popular on island and Guam has over ten golf courses with two being located on base. You may find the prices off base prohibitive. Prices on base range from \$5.00 to \$10.00, depending on rank, the course and the day of the week.  
Military commands have their own intramural leagues (Captain's Cup) for many of the activities listed above. For more info on base recreations contact MWR.

## **USN Forces Marianas: Support Services** **Morale, Welfare, and Recreation**

Admiral Nimitz Golf Course	(671)344-5838/39
Auto Shop - Commander Naval Forces Marianas	(671)564-1827
Auto Shop/Outdoor Recreation	(671)355-5527
Beehive Club	
Big Screen - Commander Naval Forces Marianas	(671)564-1831
Charles King Gym	(671)564-1824/25
Clipper Landing Restaurant	(671)564-2263
Club Rumors	(671)564-1833/4
Gym - NCTS	(671)355-5534/5623
Gym - Naval Hospital	(671)344-9226
Lightning Lanes - NCTS	355-5273
MWR, Commander Naval Forces Marianas	(671)564-1847/8/9
Orote Point Lanes - Bowling Center	(671)564-1828/29
Swimming Pool	(671)564-1822
The Point Club	(671)339-5141
Top O'The Mar	(671)472-4607

## **USN Forces Marianas: Education** **Colleges and Universities**

Guam Community College  
**Phone:** (671)735-4422, **Fax :** (671)734-5238  
**Web Address :** <http://www.gcc.edu.gu>

Troy State University  
**Phone :** (671)366-6226      **Fax :** (671)366-2603  
**DSN Phone :** 366-6226  
**Web Address :** <http://www.troyst.edu/tsup>

University of Guam  
**Phone :** (671)735-2201/2202      **Fax :** (671)735-4245  
**Web Address :** <http://www.uog.edu>

University of Maryland  
**Phone :** (671)564-2304/355-2150      **Fax :** (671)564-2082/637-8671  
**Web Address :** <http://www.netpci.com/~umguam>

## **USN Forces Marianas: Support Services** **Chapel Services and Programs**

Commander Naval Forces Marianas Chapel  
**Phone :** (671)339-2126

## **USN Forces Marianas: Support Services**

### **Single Member Services**

Rec'n Crew

**Phone :** (671)564-1826/2812



# OKINAWA

## ARRIVING IN OKINAWA

The flight from the United States to Okinawa is approximately 20 hours long. Usually there is a stop in Los Angeles and another in Anchorage, Alaska. From Anchorage, the flight generally goes straight to Okinawa. When you arrive in Okinawa, you will either arrive at the Naha Airport or on Kadena Air Force Base. Someone from NMCB 7 will be there to pick you up. If there are any changes to your itinerary prior to your arrival or if you arrive early, call the quarterdeck to notify your sponsor. If you should get stuck at the airport, tell a taxi to take you to Camp Shields. Be sure to keep a receipt for future travel claims. It's a long flight over, come prepared.

## COMMUNITY OVERVIEW

How much enjoyment you'll get from a deployment here depends entirely on how you approach Japan. At first thought, it might seem that a speck of coral 67 miles long and 2-14 miles wide could offer few diversions. Okinawa's size is illusory. There are, literally, hundred of things to do and to see. There are mountains to climb, forests to explore, hundreds of miles of beaches to laze on, streams to wade in, rapids to shoot, ancient castles to wonder at.

There are department stores and boutiques, a teeming farmer's market - with sights you'll not see in other Asian markets (dried, deadly poisonous sea snakes, for example, being sold as a health elixir) - discos, many as chic as those found in the fast lanes back home; hundreds of coffee houses where one can relax for hours for only the price of a cup; restaurants serving nearly every cuisine known to man; concert halls; parks; theaters, and athletic complexes which rival those anywhere with their modernness.

But, of all Okinawa's beauties, its people are most beautiful. They spring from a culture and history that is long and colorful - among the most colorful anywhere in Asia, as a matter of fact. They are hard working, innovative, infinitely friendly. They're possessed of an infectious humor which is earthy and consuming and so offhanded and natural that it often is mistaken by visitors as sarcasm. Every family whose roots are here was touched tragically by the Pacific War. But one of the wonders here is that the people have developed a tremendous capacity to forgive. Unless you are overbearing and singularly cloddish in your dealing with them they will overwhelm you with kindness and genuine friendship.

If you mind your manners here, keep an open mind and have a touch of adventure in your soul, a deployment in Okinawa can be the most rewarding and enjoyable anywhere in the world. Don't restrict yourself to the main island either. Okinawa is a collection of more than four score islands and islets, each offering plenty for adventuresome sprits. **Go out and explore!**

## **DRIVING IN OKINAWA**

Okinawa definitely offers a distinct driving experience. To drive a military vehicle in Okinawa you must have a valid military license with a "KONJI Stamp." Be sure to check with the battalions license examiner. Unlike the United States, people drive on the left side of the road which requires some getting used to. The slow lane is on the left, and the fast lane is on the right, although there usually isn't a significant difference between either. All speed limits are marked in kilometers per hour and, except for the Okinawa Expressway, there is no authorized speed zone beyond 60 kilometers per hour, or about 37 mph. In addition, all traffic signs here conform to international standards. Many roads are much narrower than standard American roads, traffic congestion is more the rule than the exception, and coral dust-laden roads can get slick fast after it rains. Needless to say, careful, defensive driving is an absolute necessity. Drinking and driving and illegal drugs are dealt with very severely by both Japanese and Military authorities.

**Seatbelts** -- Seatbelts must be worn at all times while driving on and off base.

**Vehicle Checks** -- Japanese police perform periodic vehicle and driver inspections to ensure vehicle conforms to safety standards and the driver is not under the influence of alcohol or drugs.

**Accidents** -- Under Japanese law, all licensed drivers are professional drivers and, in the event of an accident, that causes personal injury to another, they could be considered professionally negligent. Maximum penalties for professional negligence include up to five years imprisonment, or a fine of 500,000 yen or both.

**Crime Stop** -- Emergency number is 911 on Marine Corps Bases and 633-3333 on Kadena Air Base.

\*\*Seabees may not drive POVs. E-5 and above may use Government Vehicles during liberty if they have the proper license and a KONJI stamp. See Alfa Company Dispatch to get the KONJI stamp.\*\*

## **GETTING AROUND OKINAWA**

While deployed to Okinawa, POVs are not available to seabees. Here are a few varieties of public transportation that will be available to you:

**SHUTTLE BUS:** An inter-camp shuttle service picks up and drops off people on Kadena Air Force Base. This shuttle, which runs from 1800-2200 on workdays and from 1000-0200 during liberty is run by Alfa Company dispatch.

**MWR SHUTTLE BUSES:** MWR offers a shuttle bus on days of liberty to the various camps on the island. It runs every few hours and rotates between Camp Shields, Camp Hanson, Kadena and Camp Foster. Also, they offer a bus to White Beach which leaves in the morning and arrives back at Camp Shields later that evening.

**TAXIS:** If you don't want to wait for a bus ride home, taxis are another source of reliable public transportation. One advantage taxis have over buses is that most will accept Japanese or American currency. They usually carry a currency exchange rate chart with them, so it's not necessary to know Japanese. You can always look at the chart yourself if you want to confirm the fare charge.

You can usually pick up a taxi at one of many turnarounds near main gates at bases and camps throughout the island.

Before you choose a taxi to take you home, look on its outside to see if it is authorized to drive on base. If not, it will only be able to drop you off just outside of the gate and you will have to find another means of transportation to get you home from there.

**SATO** is located on Kadena Air Force base if you need to make travel arrangements. Plane tickets to the United State range from \$1400 - \$2200.

**AMC SPACE-A** is located on Kadena AFB. On a regular basis, flights are available to mainland Japan and the republic of Korea as well as Guam, Alaska and Hawaii. Space-A flights from overseas locations cost is free if flying to military bases, \$20.00 to civilian terminals. Before you can make reservations, you must show your approved leave chit and you must have resources to buy a one-way return ticket.

### **MORALE, WELFARE AND RECREATION**

The Morale, Welfare and Recreation System in Okinawa boasts a wide range of excellent services and facilities. The activities provided by MWR include:

**AT SEABEE CAMP SHIELDS-** A complete gym, full service club, Coffee-House with pool tables and video games, and library.

**CLUBS** - Clubs are open to all service members from any branch. Most clubs are open to all ranks, but others may have some grade limitations. If you're going to a club for the first time, it's best to call in advance and ask what limitation, if any, might apply before you plan your entire evening around a function there. Club services and activities vary from complete dining and catering facilities to quick, convenient snack bars.

**RESTAURANTS** - If you're hungry for a snack and don't want to eat at the dining facility, one of the fast food restaurants on military bases or an off base restaurant. One of the four full-fledged family style restaurants can meet your cuisine demands.

**BEACHES GALORE** - Beaches and beach facilities are abundant on Okinawa. Some parts of the coast are made predominantly of sand, while others contain noticeable proportions of coral. Whatever the surface texture, though, all offer an exquisite view of the sea.

**DIVERS' PARADISE** - Diving remains one of the most popular sports among military people stationed on Okinawa. Few water enthusiasts can resist plunging through the sparkling emerald water off the Okinawa coastline.

**DRIVING RANGE** - The Kisaba Golf Driving Range is available to golfers seven days a week. A professional provides lessons to personnel desiring to learn or improve their skills.

**POOLS** - The Outdoor Recreation Department in Okinawa offers a great variety of activities for individuals who enjoy the outdoors. Nine swimming pools provide swimming and water aerobics enjoyment daily for thousands of people.

**ARTS & CRAFTS** - Another option of filling your days creatively is the Marine Corps Arts and Crafts program which can provide you with a sense of fun, enthusiasm and accomplishment. Hobbies include:

- Auto body work
- Woodcrafting
- Photography
- Pottery
- Cake decorating
- and many more. . . .

## **SIGHTSEEING**

MWR offers several tours to Seabees throughout the deployment. Here are a few sites that the tours visit, **go out and explore!**

**Mabuni Hill-** on Mabuni Hill, next to quiet cliffs overlooking the Pacific Ocean, there are 119 memorial monuments. Here memorials are in honor of the men who lost their lives during the Pacific Islands campaign of WWII. The cliffs are known to some Americans as “Suicide Cliffs,” because LT General Mitsuru Ushijima, the Commanding General of the 32<sup>nd</sup> Imperial Japanese Army, performed seppuku, or “hara-kiri,” here. The other reason for the name is that it is believed many of General Ushijima’s men jumped from these 500-foot cliffs when the Japanese were defeated. Okinawa’s Peace Memorial Hall is just north of the cliffs. The Hall houses the Peace Buddha Statue.

**Southeast Botanical Gardens-** the Ryukyu Islands are known for their tropical beauty and lush foliage. The botanical gardens have more than 100 acres of palm trees, tropical flowers and rolling hills. It is located just outside of Kadena’s Gate THREE.

**Shuri Castle-** Shuri castle offers an opportunity to re-discover the Ryukyuan Kingdom. Shuri, the capital city during the Ryuku dynasty, is a reminder of the history of the island.

**WWII Japanese Naval Underground Headquarters-** After WWII, only a few structures on Okinawa remained intact. The Japanese Naval Underground Headquarters, honeycombed beneath the hill above Naha, was one structure that stood solid during constant US bombardment.

**Underwater Marine Observatory-** The underwater Marine Observatory offers the opportunity to observe the Okinawa marine life close-up, without getting wet. Descending on a spiral staircase, visitors

travel 25 feet into the East China Sea. There is also a shell shop, marine museum and a glass bottomed boat tour.

**Expo '75-** Ocean Exposition Memorial Park is dedicated to man's relationship with the sea and it's animals. The park features an indoor aquarium, dolphin shows, a museum, foreign pavilions, playgrounds, gamerooms, picnic area, a large amusement park and a sandy white beach. The park is located on the Montubu Peninsula.

**Naha City Shopping Tour-** Naha is the capital city of Okinawa. This tour offers a trip to the markets of downtown Naha and it is an exciting experience as well as a great chance to pick up souvenirs. Several stores offer samples of traditional Okinawan liquors and foods. If you are looking for something to eat, you will find American style dining as well Japanese cuisine including several dishes containing Soba noodles.

### **FAMILY SERVICES CENTER**

The Family Services Center helps the military service member enjoy a high quality of life while adapting to the uniqueness of life in a foreign land.

With offices at Camp Schwab, Hansen, Courtney, Lester and Kinser. The FSC offers many outstanding programs, including:

- \* Information
- \* Referral services
- \* Counseling
- \* Retiree affairs
- \* Cultural programs

For more information contact your Family Service Center.

### **AMERICAN RED CROSS**

The American Red Cross plays a very active role in Okinawa, providing military communities with numerous services, including:

- Emergency communications
- Financial assistance
- Information and referral services

The Red Cross also holds many interesting and valuable classes including cardio-pulmonary resuscitation, lifeguard training, stress management and first aid.

Many sailors and their families are already very familiar with the importance of emergency communication among relatives.

The American Red Cross staff offers several guidelines that can make these times easier for all family members. For example: make sure several family members at home have your rank, social security number and complete military address.

To get further information about the **AMERICAN RED CROSS** you can call the nearest Red Cross office in your local community or the battalion chaplain.

### **NAVY-MARINE CORPS RELIEF SOCIETY**

The Navy-Marine Corps Relief Society is a private, nonprofit organization that provides help to active duty and retired Sailors, Marines and their families in times of need and distress.

The Navy-Marine Corps Relief Society focus its help on alleviating temporary hardship and helping Sailors, Marines, and their families get through an emergency situation by providing for their essential needs on a short term basis.

Most NMCRS assistance is financial, but it's not a lending agency like a bank or credit union. Assistance is limited only to providing for essential needs, rather than personal wants or luxuries. The following is a list of assistance provided by the Navy-Marine Corps Relief Society.

- \* Pay errors or problems
- \* Emergency transportation
- \* Funeral Expenses
- \* And many others . . . . .

Each request for NMCRS assistance is handled on an individual basis, and the NMCRS staff makes every effort to resolve the problem in the best interest of the service member.

### **CLOTHING RECOMMENDATIONS**

Since the weather here is semi-tropical for most of the year, it is recommended that you bring plenty of summer clothing, such as short sleeved shirts, shorts, slacks and sundresses. There is no particular style of clothing on Okinawa, so don't worry about having the right kind. People here wear everything from T-shirts and sandals to sport coats and oxfords.

From the months of December through March the weather turns colder and calls for heavy sweaters or jackets/coats. Into the rainy months of April to mid June raincoats and umbrellas are a must. If you plan to travel to Korea or mainland Japan during the winter months, heavy winter wear will be appropriate. The climate in these two areas closely resembles the northern United States, complete with sub-zero temperatures and heavy snows.

**WELCOME ABOARD**  
(EVALUATION SHEET)

PLEASE USE THIS PAGE TO KEEP NOTES OF HOW WE CAN BETTER SERVE FUTURE PERSONNEL WHO RECEIVE ORDERS TO NMCB-7 SO OUR SPONSOR PROGRAM CAN CONTINUE TO BE THE BEST IN THE NAVY. IF YOU WOULD LIKE FEEDBACK, PLEASE PROVIDE YOUR NAME BELOW.

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